## IN THE CLAIMS

Claims 1-10 (Canceled).

11 (Currently Amended). A memory comprising:

an insulator over a substrate, said insulator including a pore having an electrode over the substrate and a phase change material over the electrode, wherein the phase change material fills less of the pore than the electrode, said phase change material including Tellurium.

- 12 (Currently Amended). The memory of claim 11 wherein said phase change material fills less than 25 percent of the pore, said phase change material including Antimony.
- 13 (Original). The memory of claim 11 wherein said phase change material fills about 10 percent or less of the pore.
- 14 (Original). The memory of claim 11 wherein said phase change material is entirely contained within the pore.
- 15 (Original). The memory of claim 11 wherein said phase change material is a chalcogenide.
- 16 (Original). The memory of claim 11, said electrode to act as a heater to heat said phase change material.
- 17 (Original). The memory of claim 11 wherein the phase change material is substantially co-planar with the upper surface of said insulator.
- 18 (Original). The memory of claim 11 including a select device coupled to said electrode.

- 19 (Original). The memory of claim 11 including a conductive line formed over said insulator and said phase change material.
- 20 (Original). The memory of claim 19 wherein said phase change material is in contact with said conductive line.
- 21 (Original). The memory of claim 19 wherein said conductive line and the upper surface of said electrode are substantially parallel.
  - 22 (Currently Amended). A system comprising:
    - a processor-based device;

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- a wireless interface coupled to said processor-based device; and
- a semiconductor memory coupled to said device, said memory including an insulator over a substrate, said insulator including a pore having an electrode over the substrate and a phase change material over the electrode wherein the phase change material fills less of the pore than the electrode, said phase change material including Tellurium.
- 23 (Original). The system of claim 22 wherein said phase change material fills less than 25 percent of the pore.
- 24 (Original). The system of claim 22 wherein said phase change material fills about 10 percent or less of the pore.
  - 25 (Currently Amended). A memory comprising:

an insulator over a substrate, said insulator including a pore having an electrode over the substrate and a phase change material over the electrode, wherein the phase change material is less than 25 percent of the height of the pore, said phase change material including Tellurium.

26 (Original). The memory of claim 25 wherein said phase change material is about 10 percent or less of the height of the pore.

- 27 (Original). The memory of claim 26 wherein said phase change material fills less of the pore than the electrode.
- 28 (Original). The memory of claim 27 wherein said phase change material fills about 10 percent or less of the pore.
- 29 (Original). The memory of claim 25 wherein said phase change material is entirely contained within the pore.
- 30 (Original). The memory of claim 29 including a conductive line over said phase change material wherein said conductive line and the upper surface of said electrode are substantially parallel.
  - 31 (Currently Amended). An apparatus comprising: an insulator with a pore;
- a damascene structure, wherein the damascene structure includes a first electrode partially filling said pore and a phase change material in said pore over the first electrode, said phase change material filling said pore and arranged at the top of said pore, said phase change material including Tellurium; and

a second electrode over the damascene structure.

Claim 32 (Canceled).

- 33 (Previously Presented). The apparatus of claim 31 wherein said pore and said phase change material have upper surfaces, which upper surfaces are substantially coplanar.
- 34 (Previously Presented). The apparatus of claim 31 wherein said phase change material is in contact with said pore.
- 35 (Previously Presented). The apparatus of claim 31 wherein said first electrode is a solid plug.